

Week 4	Swaffham & District u3a : WHAT'S HAPPENING			
Week Beginning 22 nd June 2026				
Mon	Table Tennis 1 Swaffham Community Centre Afternoons 2:00-3:00 pm	Craft Card Making - Swaffham and District Monday afternoons 2:00 pm last Monday of the month Members Art Studio		
Tues	Book Club Mornings 11:00 am 4th Tuesday	Short Mat Bowls Holme Hale Village Hall Afternoons 2:00 pm-4:30 pm	Singing For Pleasure (New Group) Venue: Tony Evans Centre Mornings 10:00 am-11:30 am 4th Tuesday	
Wed	Let's Rock! Bradenham Mornings 10:00 am-12:00am 4th Wednesday	Art Group Holme Hale Village Hall 2 nd and 4 th 1:30pm	French For All Swaffham Community Centre Fortnightly Mornings 10:00am	Line Dancing Swaffham Community Centre Mornings 10:30 am-12:00 pm 2 nd & 4th Wednesday
Thurs	Cribbage - new Group! - Swaffham and District 2 nd and 4 th Thursday am	French - Intermediate/Improving Status: Active Swaffham Community Centre Fortnightly Mornings 10:00-12:00pm		
Friday	French - Advanced Conversation Status: Active Swaffham Community Centre Fortnightly Mornings 10:00-12:00pm	Soft Ball Tennis Status: Looking for a new Co-ordinator	Rambling Group Status: Active Mornings 10:30 am 4th Friday	Table Tennis 2 Status: Active Swaffham Community Centre Afternoons 2:00-3:00 pm
Varies	Let's Go (u3a) Various occasions subject to arrangement via WhatsApp	Membership Magazine https://www.u3a.org.uk/news/u3a-matters	Ten Pin Bowling - Swaffham and District Status: Looking for a new Co-ordinator Venue: Strikes Bowling	
On Line: tickets free to u3a members	U3a National Podcast u3a - u3a Radio Podcast	Mindfulness and meditation continuation session: June Tickets, Thursday, June 18 • 10 AM - 11:30 AM GMT+1 Eventbrite	Bollywood Laughter Yoga Dance: June Tickets, Wednesday, June 24 • 10 AM - 11 AM GMT+1 Eventbrite	Wessex versus the Vikings Tickets, Thursday, June 25 • 2 PM - 3:30 PM GMT+1 Eventbrite
	Islands of the Venetian Lagoon Tickets, Friday, June 26 • 2 PM - 3 PM GMT+1 Eventbrite			